

Projected Times for Honolulu Marathon

Total Duration ->		6 Hours	7 Hours	8 Hours	Actual
Minutes/Mile ->		0:13:50	0:16:09	0:18:29	
Mile	Start time ->	5:30	5:30	5:30	
1	Ala Mona Blvd	5:43	5:46	5:48	
2	King St	5:57	6:02	6:06	
3	Kapiolani	6:11	6:18	6:25	
4	Ala Mona Blvd	6:25	6:34	6:43	
5	Kalakaua Ave	6:39	6:50	7:02	
6	Monsarrat Ave	6:53	7:06	7:20	
7	Foot of Diamond Head	7:06	7:23	7:39	
8	Diamond Head	7:20	7:39	7:57	
9	Before 18th Ave	7:34	7:55	8:16	
10	Kilauea Ave	7:48	8:11	8:34	
11	Start of Highway	8:02	8:27	8:53	
12	Highway	8:16	8:43	9:11	
13	Ana Hana Shopping Ctr	8:29	8:59	9:30	
14	Niu Valley Shopping Ctr	8:43	9:16	9:48	
15	Just before turn on H. K.	8:57	9:32	10:07	
16	Hawaii Kai Drive	9:11	9:48	10:25	
17	Keahole Street	9:25	10:04	10:44	
18	Maunaiua State Park	9:39	10:20	11:02	
19	Kawaikuia State Park	9:52	10:36	11:21	
20	Highway	10:06	10:53	11:39	
21	Waikupe Beach Park	10:20	11:09	11:58	
22	End of Highway!!	10:34	11:25	12:16	
23	Kahala Avenue	10:48	11:41	12:35	
24	Merge of Streets	11:02	11:57	12:53	
25	Diamond Head	11:15	12:13	13:12	
26	Under the Banner!!!!	11:29	12:29	13:30	